This 3-credit (undergraduate or graduate) program will introduce students to Mexican culture and provide them with an opportunity to experience, first-hand, a variety of Mexican health care settings. To understand and appreciate Mexican culture and its impact on health beliefs and practices, students will take Spanish language classes. These will be small group classes and students will be placed into the appropriate level upon their arrival at the language school. Students will also have the opportunity to conduct individualized health teaching to young children from the city orphanage. Students will spend six days in the town of San Miguel de Allende and four days in the city of Guanajuato. In Guanajuato students will meet with faculty and nursing students from the University of Guanajuato.