Opioids in the Management of Non-Malignant Chronic Pain

November 11, 2015
Madison Marriott West
1313 John Q Hammons Dr
Middleton, WI 53562

Phone: 608-831-2000

Intended Audience
This program has been planned by and for an interprofessional audience of pharmacists, nurses, and physicians. If your professional practice includes interaction with and/or management of patients prescribed with opioids for treatment of non-malignant chronic pain OR if you or a family member have had a personal experience with opioid use for chronic pain, THEN THIS PROGRAM IS DESIGNED FOR YOU.

Elements of Competence
This activity has been designed to change learner competence and focuses on the American Board of Medical Specialties areas of medical knowledge, interpersonal and communication skills, and professionalism.

Conference Fee and Refund Policy
The Conference fee of $135 ($175 after Oct 14) for pharmacists, nurses, physicians, residents and others includes the cost of tuition, continental breakfast, lunch, refreshment breaks and a non-refundable registration fee of $35. Requests for refunds will be honored until Oct 14; no refunds will be provided after that date.

PM Session:
• Identify and describe measures to promote pathways to safer opioid use to include: REM’s; Prescription Drug Monitoring Program; availability/access/use of Naloxone
• Identify “talking points” for health professionals to utilize with patients
• Identify strategies to educate patients and health care professionals to address the rise in non-medical prescription opioid use
• Identify and describe appropriate conversion from morphine to methadone
• Describe how to manage pain in the opioid dependent patient
• Identify/recommend best strategies to manage non-malignant chronic pain through interventional and non-pharmacologic approaches

Course Materials
Please note that as part of our effort to “Go Green”, the Fall Institute handouts will no longer be distributed in print form in the traditional folders. One week prior to the Institute they will be available to download to your laptop/tablet or to print for note taking at the Institute.

GENERAL INFORMATION
Pain is one of the most common reasons people consult a physician, yet it frequently is inappropriately treated. We’ve learned a lot about the complexities of chronic pain, both how common it is, but also how complex it is. And how we’ve been mis-managing chronic pain by relying too heavily on medications and opioids in particular. We need to make a lot of changes in terms of how people perceive these medications, but also how providers use them. (Source: Harvard T.H. Chan School of Public Health/Boston Globe Forum on “Opioid Painkiller Abuse: Ending the Crisis” [5-16-15])

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Goals and Objectives
To provide an interprofessional audience of pharmacists, nurses, physicians and other interested healthcare practitioners with updates on the management of non-malignant chronic pain with a focus on safe practices for opioid use. This includes providing attendees with an overview of challenges in pain management, pathophysiology of pain and guidelines for the pharmacologic and non-pharmacologic management of pain — culminating in a dialogue on safe prescribing of opioids and pathways to safer opioid use.

Learning Objectives
At the completion of this continuing education program, participants should be able to:

AM Session:
• Identify facts and myths associated with pain management through correct interpretation of data
• Demonstrate an understanding of the pathophysiology of pain and distinguish between acute and chronic pain
• Compare/contrast different classes of medications used for management of acute and chronic pain
• Identify/recommend best strategies to manage non-malignant chronic pain through pharmacologic approaches
• Describe measures to promote safe prescribing of opioids such as preventing overprescribing and identify factors that may contribute to abuse potential

PM Session:
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OPIOIDS IN THE MANAGEMENT OF NON-MALIGNANT CHRONIC PAIN
Schedule – Wednesday, November 11, 2015

7:30 AM Registration/Continental Breakfast

8:30 Opening Remarks, Program Review and Learning Objectives

Alan L. Hanson, PhD, RPh

8:40 The Challenges of Pain Management – Facts and Myths

What we do to make us do as health professionals to assure patients have access to pain relief

- Interpretation of data

- Appropriate balance in use of opioids

James F. Cleary, MD

9:25 Pathophysiology of Pain

- Morbidity/mortality

- Pain receptors

- Response to Pain

- Acute vs Chronic Pain

Miroslav “Misha” Backonja, MD

10:10 Refreshment Break

10:30 Guidelines for Use of Medications in Non-Malignant Chronic Pain

- Non-opioids

- Opioids

- Off label

Gregory A. Love, MD

11:15 Safe Prescribing of Opioids

- Prescribing opioids with addiction potential

- Signs of escalating use/abuse

- Patient contracts/agreements

- Over-prescribing vs under-prescribing

- REMs for opioids

- Reduction in number of opioids prescribed and dispensed

Randall Brown, MD, FASAM

AM Session: 0073-9999-15-048-L01-P
PM Session: 0073-9999-15-049-L01-P

3.25 hours (0.325 CEUs) of CE Credit

11:30 AM Session: Managing Pain in the Complex Patient – Methadone Conversion

- Case Study: Managing Pain in the Complex Patient – Methadone Conversion

Cory Sarver, PharmD

12:05 PM Lunch

12:55 Pathways to Safe Opioid Use

- Take back programs/Drop Boxes

- Prescription Drug Monitoring Programs

- Safe storage in the home

- Naloxone access, use, training

- Appropriate dosing of opioids in acute pain

Paul R. Hutson, PharmD, MS

1:45 Case Study: Managing the Patient who is Opioid Dependent

- Case Study: Managing the Patient who is Opioid Dependent

Aleksandra Zgierska, MD, PhD

2:10 Case Study: Managing Pain in the Complex Patient – Managing the Patient who is Opioid Dependent

2:35 Refreshment Break

2:55 Non-Pharmacologic Management of Pain

- Cognitive behavioral therapy

Brooke Anderson, MSN, RN

3:25 Interventional Management of Pain

- Nerve blocks

- Radio frequency

Alaa A. Abd-Elsayed, MD, MPH

3:55 Panel Discussion with Afternoon Speakers

- Adjuvants

Randall Brown, MD, PhD, FASAM

4:30 Policy on Faculty and Sponsor Disclosure

It is the policy of the University of Wisconsin School of Medicine and Public Health, School of Nursing and School of Pharmacy that the faculty, authors, planners, and other persons who may influence content of this activity disclose all relevant financial relationships with commercial interests in order to allow for transparent identification of potential conflicts of interest. Faculty must also disclose any planned discussion of unapproved/unproven uses of drugs or devices during their presentation(s). Detailed disclosures will be made in the activity handout materials.

Application Form


2. By phone at 608-262-3132 or toll-free at 877-947-4255 using a credit card.

3. Fax the completed Application Form to 608-262-2431 using a credit card for payment.

4. Mail the completed Application Form below using a credit card or check for payment.

5. Register for this Conference via ONE of the following methods:

Fall Institute UW-Madison School of Pharmacy

DPPD

777 Highland Ave

Madison, WI 53705-2222

Non-credit certificates will be available to those who complete the full course.

5.25 AMA PRA Category 1 Credit(s) - Individual and Group II

11:15 Safe Prescribing of Opioids

Register for this Conference via ONE of the following methods:

Faculty

Alaa A. Abd-Elsayed, MD, MPH

Medical Director

UW Pain Services, Assistant Professor

University of Wisconsin School of Medicine and Public Health

Madison, WI

Brooke Anderson, MSN, RN

Adult Inpatient Pain Consult Service

UW Health, Madison, WI

Miroslav “Misha” Backonja, MD

Emeritus Professor, Department of Neurology

University of Wisconsin, Madison WI and Medical Director, Neuroscience

PRA HealthSciences, Salt Lake City UT

Randall Brown, MD, PhD, FASAM

Department of Family Medicine

University of Wisconsin School of Medicine and Public Health

Madison, WI

James F. Cleary, MD

Associate Professor of Medicine, Director of Palliative Medicine at UW Hospital and Clinics

University of Wisconsin School of Medicine and Public Health

Madison, WI

Alan L. Hanson, PhD, RPh

Professor, Associate Dean for Outreach

Chair, Division of Pharmacy Professional Development

University of Wisconsin-Madison School of Pharmacy

Madison, WI

Paul R. Hutson, PharmD, MS

Professor (CHS)

University of Wisconsin-Madison School of Pharmacy

Madison, WI

Gregory A. Love, MD

Division Chief, Pain Management

Dean Clinic

Madison, WI

Cory Sarver, PharmD

Clinical Pharmacist

University of Wisconsin Hospital/Acute Hospice Care, Madison, WI

Aleksandra Zgierska, MD, PhD

Assistant Professor

University of Wisconsin School of Medicine and Public Health, Department of Family Medicine

Director, University of Wisconsin Program for Pain and Opioid Education

Therapy and Studies, Madison, WI

Accreditation Statements

In support of Accreditation CE Credit

The Division of Pharmacy Professional Development at the University of Wisconsin-Madison is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. CE Credit will be provided separately for the morning session and afternoon session. Each session has been designated as a knowledge-based program and approved for 3.25 hours (0.325 CEUs) of continuing pharmacy education credit. There will be no partial credit awarded for either the morning session or afternoon session. Verification of successful completion of this Institute (minimum score of 70% on the on-line post-test and on-line completion of the evaluation not later than December 9, 2015), will be forwarded to NABP using your NABP e-profile and IPN number within 60 days of the completion of this Institute. Those attending both the morning and afternoon sessions can earn a total of 6.5 hours (0.65 CEUs) for successful completion of the Madison Fall Institute.

AM Session: 0073-9999-15-046-L01-P
PM Session: 0073-9999-15-049-L01-P
3.25 hours (0.325 CEUs) of CE Credit

Accreditation and Credit Designation Statements (CME)

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Wisconsin School of Medicine and Public Health, the University of Wisconsin-Madison School of Nursing and the University of Wisconsin School of Pharmacy. The University of Wisconsin School of Medicine and Public Health is accredited by the ACCME to provide continuing medical education for physicians.

The University of Wisconsin School of Medicine and Public Health designs this activity for a maximum of 6.25 AMA PRF Category 1 Credit(s) (Optional). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Continuing Education

This activity has been planned and implemented using the educational design criteria of the American Nurses Credentialing Center’s Commission on Accreditation through the joint providership of the University of Wisconsin School of Nursing and the University of Wisconsin School of Medicine and Public Health.

The University of Wisconsin-Madison School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation (ACNC). Nurses completing this activity will receive 3.25 contact hours of continuing nursing education. Nurses must submit their completed program evaluation to receive contact hours. If the program evaluation is completed and returned within 60 days of the activity, the University of Wisconsin School of Medicine and Public Health School of Nursing will report the contact hours to the ACNC.

The University of Wisconsin-Madison School of Nursing is Iowa Board of Nurse provider 150

Policy on Faculty and Sponsor Disclosure

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Name (please print)

Professional Affiliation

UW-Madison School of Pharmacy

UW School of Medicine and Public Health

UW School of Nursing

UW Pain Services

UW Hospital and Clinics

University of Wisconsin School of Pharmacy

University of Wisconsin School of Medicine and Public Health

University of Wisconsin School of Nursing

Applicant's Name

Signature

October 14, 2015

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This conference is supported by funds from industry.

The ACCME does not permit this activity to be supported by industry. The University of Wisconsin School of Medicine and Public Health, School of Pharmacy and School of Nursing has no financial relationship with an ACCME-recognized-for-profit company associated with the planning or execution of this activity.